

Patient Name: \_\_\_\_\_

Date: \_\_\_\_\_

Arrival Time: \_\_\_\_\_

## **EUS INSTRUCTIONS**

Please read and follow the below instructions carefully.

Nothing to eat (no solid food), and Nothing to drink after midnight the night before the procedure and the day of the procedure.

For three days (3) prior to the procedure, take NO aspirin or medications containing aspirin. Also do not take any anti-coagulant, such as Coumadin or other blood thinners. If you take insulin for diabetes, take ½ your normal dose. Take only your blood pressure medication with a sip of water.

You will most likely get sedation and therefore should bring someone, or at least have someone come to pick you up.

If you have any questions, please feel free to contact us at 732-389-5004.

### **TAKE YOUR HEART MEDICATIONS OR BLOOD PRESSURE MEDICATIONS**

#### **Please report to the following location:**

- Monmouth Medical Center:** 300 Second Avenue, Long Branch, NJ- **outpatient registration**  
 **Jersey Shore University Medical Center:** 1945 Rte. 33, Neptune, NJ- **outpatient registration**

**\*\*YOU MUST HAVE A RESPONSIBLE ADULT ACCOMPANY YOU HOME.**  
**Driving yourself, taking a bus or walking is NOT PERMITTED\*\***

Updated 6/2016